

Northampton Aquatic & Family Center JFK Middle School, 100 Bridge Road, Florence, MA 01062

NEW COURSE OFFERING Beginners Tai Chi Spring 2017

The first set of the long form of the Yang Style Tai Chi is the focus of this 8 week series. Students will warm up with Qi Gong standing, moving and breathing exercise. Each week builds upon the previous weeks practice as we move toward a firm foundation of this popular exercise. Wear loose comfortable clothing you can easily move in and non-skid shoes and bring your favorite bottled water. Instructor Elizabeth N. looks forward to introducing you to this beginners exercise program.

Evening Classes Tuesday 6 - 7 pm

Session I: March 21 - May 9 (8 classes)

Session II: May 23 - July 18 (8 classes)

(No class July 4)

Location: Aquatic & Family Center

Fee: \$55 / \$60 / \$70

(Walk-In Fee per class \$5 / \$6 / \$7)

Fees listed in the order of AFC Member / Resident / Non-Resident

Registrations accepted at the AFC at JFK Middle School, 100 Bridge Road, Florence 01062 Mon-Fri 4:00-7:00 pm, Sat 10:00 am-5:00 pm and Sun 11:00 am-4:30 pm, 413-587-1046

or

Northampton Parks & Recreation Department, 100 A Bridge Road, Florence, MA 01062

Mon-Fri 8:30 am-4:30 pm

413-587-1040

www.northamptonma.gov/recreation

REGISTRATION FORM ON REVERSE SIDE

NORTHAMPTON PARKS & RECREATION DEPARTMENT DO NOT USE this form for Summer Day Camps, Youth & Adult Sports, or Birthday Party registrations: Download those packets at www.northamptonma.gov/recreation New to Northampton Parks & Recreation I have updated my Information PLEASE PRINT LEGIBLY **Today's Date:** ____/___ Information ADULT 1 **ADULT 2** Name Name Address Address City St Zip City St Zip Phone: (H) (____)____(W) (___)____ Phone: (H) (____) ____ (W) (____) Cell () ______ Email: Email: EMERGENCY CONTACT OTHER THAN PARENT Photo Release: May Northampton Parks & Recreation Department use photos of you or your family members for brochure, website, promotional use? Yes No Phone (____)_____ PARTICIPANT'S FULL NAME: Male Female Current Grade or Date of Birth School Grade in Fall for programs after June Program Name Day(s) Start Date Basic Fee Non-Res Fee **Total Fee** \$ TOTAL FEE FOR PARTICIPANT Male Female PARTICIPANT'S FULL NAME: Current Grade _____ or Date of Birth School Grade in Fall programs after June **Program Name** Day(s) **Start Date Basic Fee Non-Res Fee Total Fee** \$ TOTAL FEE FOR PARTICIPANT PASS PURCHASE Pass Pass Type **Pass Length** Fee Aquatic Center Res: Adult Family Senior Youth 6 Month 12 Month TOTAL Musante Beach Non-Res Adult Family Senior Youth Beach Pass AMOUNT DUE Pass Holder's Name(s) Male/Female DOB Pass/Tag# Issued Special Considerations/Comments (Use back if necessary) Male/Female Male/Female Male/Female Male/Female Male/Female Charge mv VISA Master Card Discover Card # Expiration Name on Card Signature Office Use Only: Amt Rec'd \$ Cash Check # Credit RT Date _____ Staff Date

Credit

Date

RT Date

Check #

Amt Rec'd \$

Cash